



A Biblical Remedy For

ANXIETY

QUANTITY: 9

REFILLS: UNLIMITED

DIRECTIONS: USE VERSES AS NEEDED FOR THE RELIEF OF ANXIETY AND FOR A DOSE OF GOD'S HEALING WISDOM

- **Jeremiah 29:11** - "For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope."
- **1 Peter 5:6-7** - "Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you."
- **Philippians 4:6** - "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."
- **Psalms 55:22** - "Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved."
- **John 14:27** - "Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid."
- **Matthew 6:25-27** - "Therefore I tell you, do not worry about your life... can any of you by worrying add a single hour to your span of life?"
- **Isaiah 41:10** - "Do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand."
- **Proverbs 3:5** - "Trust in the Lord with all your heart, and do not rely on your own insight."
- **Matthew 6:34** - "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Let the day's own trouble be sufficient for the day."